

# Foot Notes<sup>2</sup>

by Front-Foot

Welcome to another edition of Foot Notes, our monthly newsletter that covers the latest in-house legal events, resources, ideas and tips.

Read time: 2 minutes

## Upcoming Events

### **Slip-Ups, Setbacks and Lessons Learnt**

Every month, we chat candidly with GCs and legal luminaries about mistakes made and lessons learnt. In June, I'll sit down with Justin Moses.

Justin will talk openly about how he dealt with challenges that helped him become the award-winning lawyer and mentor he is today.

## Slip-ups, Setbacks & Lessons Learnt

Justin has been a key contributor to the Australian in-house legal industry for over 40 years, amassing deep experience in areas including leadership, change management, innovation, technology and wellbeing.

Justin works in-house with AIME Mentoring, which focuses on overcoming educational barriers for indigenous students.

### **Q&A Webinar**

Justin Moses,  
In-House Lawyer  
AIME Mentoring  
Adjunct Professional Fellow,  
UTS Law Faculty

Wednesday 14 June

12pm AEST

[Register Now](#)



## Slip-Ups Round-Up

At our most recent Slip-Ups webinar, we talked to Jodie Baker, Founder & Group CEO of Xakia. Jodie made some excellent points, including:

1. we all make mistakes and should cut ourselves some slack;
2. the longer you hold on to something that isn't working, the harder it is to change paths;
3. the importance of keeping your eye on the big picture; and
4. the power of saying no.

[Watch Jodie's Webinar](#)

The high rate of mental health issues within our profession is understood but often unacknowledged. We've seen how the stress of managing heavy workloads, challenging client relationships and self-imposed expectations can take its toll. Front Foot strives to alleviate these pressures through secondments, training and consulting. Reach out if you need help.

## ACC Presentation

### **No Tech Needed**

I presented at a recent ACC event on game-changing ways to lighten the legal team's load.

We spoke about the following options to manage in-house work better:

- developing an effective in-house legal strategy
- clarifying the role of the legal team in your organisation
- improving flawed processes
- using playbooks to increase self-service and upskill clients & legal colleagues; and
- maximising the value of knowledge available within the organisation

## Resources

### **Agenda assets**

Research shows some astounding statistics on meetings:

- 31 hours per month are wasted in unproductive meetings<sup>1</sup>
- 15% of an organisation's time is spent in meetings<sup>1</sup>
- Useless meetings cost the average business \$39,000 per employee annually<sup>2</sup>
- 50% of meetings are viewed as a waste of time<sup>1</sup>

But on the positive side, effective agendas can save time, increase productivity and improve client relationships.

Our [agenda template](#) helps you keep your client meetings productive and efficient to help manage workload, costs, resourcing and other priorities.

Again, if resourcing is a struggle, feel free to [get in touch](#).

<sup>1</sup> Katie Neilson, 'Here's why you find it so hard to stop attending unnecessary meetings', HRM, 2022, <https://www.hrmonline.com.au/how-tos/stop-attending-unnecessary-meetings/>

<sup>2</sup> Matthew Boyle, 'Those useless meetings cost you \$39,000 every year', Financial Review, 2022, <https://www.afr.com/work-and-careers/workplace/those-useless-meetings-cost-you-39-000-every-year-20220927-p5bl85>

## Inspiration

Most of us have faced challenges, trying to manage complex negotiations with high pressure stakes. And the stakes don't get any higher than in the ultimate forum of interpersonal conflict: parenting.

We're loving a [fantastic podcast](#) hosted by comedian Hamish Blake. He talks to other (mostly famous) dads for ideas on how to be a better father. Highly recommended.

## Noteworthy?

I'd love any feedback, including what you'd like to hear about.

If you like the content, feel free to share with others who might enjoy it. If you've received this from someone else, you can subscribe via our website [here](#).

Thanks for reading,  
David

David Curtain

Director

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2. "Even if you're on the right track, you'll get run over if you just sit there." — Will Rogers